



Body Massage

Traditional Balinese Massage

Balinese massage is a relaxing and rejuvenating style that has been handed down through generations.

It relieves muscle tension, improves circulation, and realigns the body; leaving you feeling relaxed, refreshed and radiant.

60min/90min Rp. 125K/185k

Traditional Poulitice Massage



Balinese Poulitice massages begin with specialized flowing massage techniques to purify the blood and stimulate circulation. Our own Herbal blend Poulitice massage using freshly prepared ingredients as cloves, ginger and our own Balinese Spice masala.

120min Rp. 310,000

Warm Soy Candle Wax Massage



Drift away and indulge your skin with our Soy Candle massage offering you a clean burning, eco-friendly experience, replenishes your skin, anti-oxidant, and rich in vitamin E

75min Rp. 200,000

Aromatherapy Massage – essential oils

The most relaxing aromatic experience for all of the senses, relieving muscle tension, stress & aches with deep strokes and natural essential oils. Variety of essential oils.

- Jasmine, Rose, Vanilla & Frangipani

60min/90min Rp. 135k/200k

Creme Bath & Hair Treatment *

Ultimate relaxant

First your hair is coated with choice of our creams; followed by an upper-body massage - head, shoulders, back & arms. Finishing with a hair steam bath, shampoo, conditioner, hair tonic & blow dry.

1 hour Rp. 135,000



Warm Stone Massage

Warm stones and traditional Balinese-style massage techniques are combined in this deep tissue massage, which is especially effective in relieving muscular tension, problems and pains in the hips, neck and shoulders.

90min Rp. 240,000



Thai Massage or Accupressure

Dry massages stretch & stimulate circulation in all parts of the body, and is especially suitable for those with painful muscles and stiffness.

Thai Classic 75min Rp. 200,000

Accupressure 75min Rp. 200,000

Medical Massage

This massage combines Shiatsu and Thai-style massage and focuses on muscular and joint problem pains. This Specialist massage begins with heating medical cream and warm towel compression on problem areas.

90min Rp. 240,000

Twin Massage

Spoil yourself with a Four-handed Balinese massage (two therapists) for total body bliss. Experience the delight of both sides of the body being massaged simultaneously.

1 hour Rp. 260,000

Exfoliating Body Salt Scrub



An exfoliating salt scrub massage removes dry, flaky, dead skin and reveals the supple soft skin beneath. The pores are also left unclogged of dirt and bacteria, encourages the circulation of blood and gives the skin an attractive and rosy post-scrub glow.

75mins Rp. 210,000

Foot Reflexology

This foot massage assists in the relief of stress tension in all points of the foot & stimulates the replenishment of the body's vital organs. Includes flower foot bath & herbal scrub

1 hour Rp. 125,000



Spa Treatments



Full Body Scrubs

Exfoliate, rejuvenate and soften your skin using freshly hand-prepared & traditional natural ingredients to soothe aches & pains, leaving you refreshed after your massage.

30min Herbal Scrub* 110k

30min Sea Salt Scrub* 130k

40min Bali Boreh Scrub** 140k

100min Bali Boreh Scrub # 240k

(# Bali Boreh only = 1hr Bali massage included)

**Finishes with cooling Yogurt & Honey Body Mask*

***Herbs have a warming effect, good for flu & cold*

Classic Dry Massage: Head or Back

Our Balinese-style Head massage begins with the Back & Shoulders, then continues to the Head and Neck. Our Back massage focuses on glutes & lower back. Both are dry massages, good for circulation, relieving tension and the removal of headaches and built-up stress.

30min Head massage Rp. 80,000

30min Back massage Rp. 80,000

Exfoliating Facial



Our Facial package is perfect for exfoliating and replenishing the skin, using quality natural ingredients to cleanse, moisturize and refresh the face. Softer and more radiant complexion.

70mins Rp. 140,000

**Includes a Warm Stone massage*

Ear Candling

Impurities, sinus & waxy build-up relief

45mins Rp. 120,000

Pedicure or Manicure

Come experience this unique pampering treatment to bring your feet and hands back to life so you can dazzle in those sandals after days of walking around Ubud.

no-Polish:90k Polish:100k Flowers:110k



Spa Packages

Five Star Package

1.5hr Balinese massage, a 70min Facial and Warm Stone shoulder & neck massage, 30min Body Scrub (herb/salt), finishing with a Full Pedicure, with mini lunch & tea/coffee.

Best package to take care of you!

4.5 hrs with Flower Bath Rp. 715,000

5.0 hrs with Cream Bath Rp. 705,000

Classic Spa Package

1.5hr Balinese massage, a 70min Facial and Warm Stone shoulder & neck massage, finishing with a Full Pedicure.

Self-care essentials!

3.5 hrs Rp. 425,000

Relaxation Package

Enjoy a 1hr Balinese massage, followed by a 70min Facial and Warm Stone shoulder massage, before finishing with a restorative Foot massage.

Your body will feel refreshed and radiant!

3hrs 10mins Rp. 365,000

Herbal Scrub Package



1 hour Balinese massage, follow with a 30min Body Scrub & mask to exfoliate & moisturize, replenishing Facial and Warm Stone massage finishing with Foot Massage

This is truly a blissful experience!

3.5 hrs Rp. 480,000

Flowers & Herb Bath Package

This package begins with our one hour Balinese massage, follows with a 25min Body Scrub & mask to exfoliate and moisturize the body, and finishes with a relaxing and aromatic 20min Exotic bath.

Flower Bath Rp. 370,000

Herbal Bath Rp. 380,000

Ayurvedic Shirodhara Experience

Rhythmic Oil Ajna Chakra & Body Massage
The gentle pressure & soothing warmth of the oil allow the body, mind & nervous system to experience a deep state of rest.

Finishes with a luxurious crème hair shampoo

ॐ Balance your Dosha's and find harmony ॐ

2 hrs Rp. 500,000

Warm Stones Package



Delve into your problem areas with a 70min Warm Stone massage, followed by a 30min Body Scrub & mask then soaking away your tensions in a 20min aromatic Flower bath.

2hr 15mins Rp. 490,000

Ingredients



We pride ourselves on providing the cleanest & most vibrant blends locally sourced of herbs and spices for your body & mind.

Aromatherapy Oils

Jasmine : reduces tension & stress, aids libido

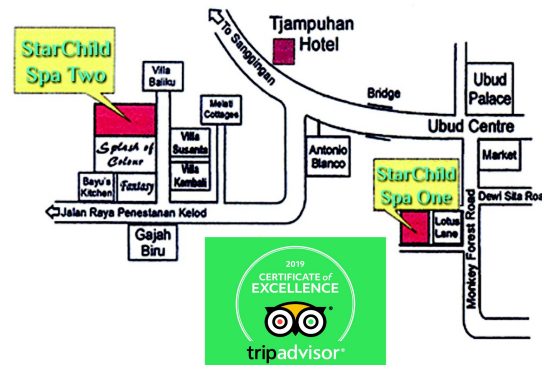
Vanilla : calms the mind, aids restful sleep

Rose : Opens the heart, aids female libido

Frangipani : relaxes nerves and muscles

Bali Boreh Scrub : sandalwood, clove, ginger, cinnamon, coriander, nutmeg

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StarChild



Spa One



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