



## Body Massage

### **Traditional Balinese Massage**

Balinese massage is a relaxing and rejuvenating style that has been handed down through generations.

It relieves muscle tension, improves circulation, and realigns the body; leaving you feeling relaxed, refreshed and radiant.

**1 hour** Rp. 100,000  
**90min** Rp. 150,000

### **Traditional Poulitice Massage**



Balinese Poulitice massages begin with specialized flowing massage techniques to purify the blood and stimulate circulation throughout the body. Working from the crown of the head downwards redirecting energy along meridian lines. Followed by our own Herbal blend Poulitice massage using freshly prepared ingredients as cloves, ginger and our own Balinese Spice masala.

**2 hours** Rp. 280,000

### **Warm Soy Candle Wax Massage**



Drift away and indulge your skin with our Soy Candle massage offering you a clean burning, eco-friendly massage experience that replenishes your skin with anti-oxidants and is rich in vitamin E and leaves it feeling soft and rejuvenated.

Warm restoring skin therapy  
**75 mins** Rp. 200,000

### **Aromatherapy Massage – essential oils**

The most relaxing aromatic experience for all of the senses, relieving muscle tension, stress and aches in the problem areas with deep strokes and natural essential oils. Stimulates overall blood circulation. Choose from a variety of essential oils.

- Jasmine, Rose, Vanilla & Frangipani

**1 hour** Rp. 120,000  
**90min** Rp. 175,000



### **Warm Stone Massage**

Warm stones and traditional Balinese-style massage techniques are combined in this deep tissue massage, which is especially effective in relieving muscular tension, problems and pains in the hips, neck and shoulders.

**90min** Rp. 200,000



### **Thai Massage or Accupressure**

Dry massages stretch & stimulate circulation in all parts of the body, and is especially suitable for those with painful muscles and stiffness.

**Thai Classic 75min** Rp. 200,000  
**Accupressure 75min** Rp. 200,000

### **Medical Massage**

This massage combines Shiatsu and Thai-style massage and focuses on muscular and joint problem pains. This Specialist massage begins with heating medical cream and warm towel compression on problem areas.

**90min** Rp. 200,000

### **Twin Massage**

Spoil yourself with a Four-handed Balinese massage (two therapists) for total body bliss. Experience the delight of both sides of the body being massaged simultaneously.

**1 hour** Rp. 200,000

### **Exfoliating Body Salt Scrub**



An exfoliating salt scrub massage removes dry, flaky, dead skin and reveals the supple soft skin beneath. The pores are also left unclogged of dirt and bacteria, encourages the circulation of blood and gives the skin an attractive and rosy post-scrub glow.

**75mins** Rp. 200,000

### **Foot Reflexology**

This foot massage assists in the relief of stress tension in all points of the foot & stimulates the replenishment of the body's vital organs. Includes flower foot bath & herbal scrub

**1 hour** Rp. 100,000



## Spa Treatments



### **Full Body Scrubs**

Exfoliate, rejuvenate and soften your skin using freshly hand-prepared & traditional natural ingredients to soothe aches & pains, leaving you refreshed after your massage.

**30min Herbal Scrub\*** 100k  
**30min Sea Salt Scrub\*** 120k  
**40min Bali Boreh Scrub\*\*** 130k  
**100min Bali Boreh Scrub** 220k

(1hr Bali massage incl.)

\*Finishes with cooling Yogurt & Honey Body Mask

\*\*Herbs have a warming effect, good for flu & cold

### **Classic Head Massage or Back Massage**

Our Balinese-style Head massage begins with the Back & Shoulders, then continues to the Head and Neck. Our Back massage focuses on glutes & lower back. Both are dry massages, good for circulation, relieving tension and the removal of headaches and built-up stress.

**30min Head massage** Rp. 70,000  
**30min Back massage** Rp. 70,000



### **Exfoliating Facial**

Our Facial package is perfect for exfoliating and replenishing the skin, using quality natural ingredients to cleanse, moisturize and refresh the face. Softer and more radiant complexion.

**70mins** Rp. 130,000

\*Includes a Warm Stone massage

### **Ear Candling**

Impurities, sinus & waxy build-up relief

**45mins** Rp. 120,000

### **Pedicure or Manicure**

Come experience this unique pampering treatment to bring your feet and hands back to life so you can dazzle in those sandals after days of walking around Ubud.

**no-Polish:80k Flowers:100k Polish:90k**



## Spa Packages

### Five Star Package

1.5hr Balinese massage, a 70min Facial, our Full Body Scrub and Warm Stone shoulder & neck massage, finishes with a Full Pedicure.

Best package to take care of you!

**3.5 hrs** Rp. 365,000

**4.5 hrs** add Flower Bath Rp. 600,000

### Relaxation Package

Enjoy a 1hr Balinese massage, followed by a 70min Facial and Warm Stone shoulder massage, before finishing with a restorative Foot massage.

Your body will feel refreshed and radiant!

**3hrs 10mins** Rp. 325,000



### Herbal Scrub Package

1 hour Balinese massage, follow with a 30min Body Scrub & mask to exfoliate & moisturize, replenishing Facial and Warm Stone massage finishing with Foot Massage

This is truly a blissful experience!

**3.5 hrs** Rp. 420,000

### Flowers & Herb Bath Package

This package begins with our one hour Balinese massage, follows with a 25min Body Scrub & mask to exfoliate and moisturize the body, and finishes with a relaxing and aromatic 20min Exotic bath.

**Flower Bath** Rp. 340,000

**Herbal Bath** Rp. 370,000



### Warm Stones Package

Delve into your problem areas with a 70min Warm Stone massage, followed by a 30min Body Scrub & mask then soaking away your tensions in a 20min aromatic Flower bath.

**2hr 15mins** Rp. 440,000

### Ingredients

We pride ourselves on providing the cleanest & most vibrant blends of herbs and spices for your body & mind. All natural virgin coconut oil blended with locally sourced spices & herbs.



#### Aromatherapy Oils

Jasmine : reduces tension & stress, aids libido

Vanilla : calms the mind, aids male libido, promotes restful sleep

Rose : Opens the heart, aids female libido and helps clear the mind and spirit

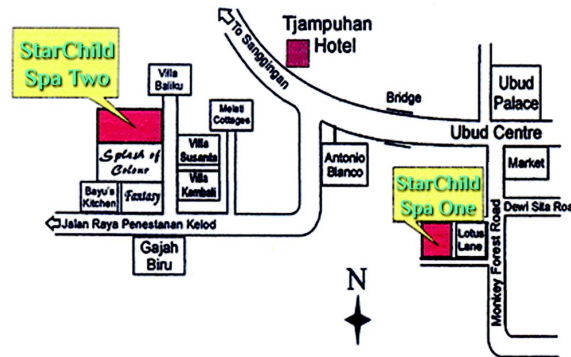
Frangipani : relaxes nerves and muscles, reduces headache and inflammation

Bali Boreh Scrub : sandalwood, clove, ginger, cinnamon, coriander, nutmeg

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### Certificate of Excellence



# Self-Care is an act of Self-Love

# StarChild



## Spa One



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